



DIRECTORY

FOOD & BEVERAGE OUTLETS

6357 3332 / 333 THE CAFÉ & TERRACE

Daily: 7.00am - 11.00pm (Last order at 10.15pm)

THE CHINESE RESTAURANT 6357 3338 / 339

Tue – Sat Lunch: 11.30am – 3.00pm (Last order at 2.30pm) Sun & PH Lunch: 10.30am – 3.00pm (Last order at 2.30pm)

Dinner: 6.00pm - 10.30pm (Last order at 10.00pm) Closed on Mon (Excluding Eve of PH & PH)

THE DINING ROOM 6357 3337

Lunch: 11.30am – 3.00pm (Last order at 2.30pm) Dinner: 6.00pm – 10.30pm (Last order at 10.00pm)

Closed on Tue (Excluding Eve of PH & PH)

MIYABI JAPANESE RESTAURANT 6357 3335

Lunch: 11.30am – 3.00pm (Last order at 2.30pm) Dinner: 6.00pm - 10.30pm (Last order at 10.00pm) Closed on Wed (Excluding Eve of PH & PH)

THE LOUNGE 6357 3334

Daily: 11.00am - 11.00pm (Last order at 10.30pm)

6357 3332 / 333 ROOM SERVICE

Daily: 8.00am - 11.00pm (Last order at 10.00pm)

GENERAL FACILITIES

MAIN LINE 6323 2323

FRONT OFFICE / ROOM RESERVATIONS 6357 3502 / 504

MEMBERSHIP ADMINISTRATION / BILLING ENQUIRIES Fax: 6358 1171

MEMBER RELATIONS & MARKETING

CATERING SALES

GENERAL ENQUIRIES:

Catering Sales: catering@rtc.com.sg Sports & Recreation: snr@rtc.com.sg Membership: membership@rtc.com.sg Room Reservations: roomresvn@rtc.com.sg Member Relations: member_relations@rtc.com.sg OTHER FACILITIES

THE THEATRE 6357 3325 / 326 / 388

THE BILLIARD ROOM 6357 3334

Daily: 12.00pm – 10.00pm (Last order at 9.30pm)

THE CARD ROOMS 6357 3334

Daily: 12.00pm - 10.00pm

CAR GROOMING SERVICES 6357 3479

Daily: 11.00am - 7.00pm

Closed on Wed

MINDCHAMPS PRESCHOOL 8809 3816

Mon – Fri: 7.00am – 7.00pm Sat & Sun: 9.00am - 6.00pm

SPORTS & RECREATION

THE BOWLING ALLEY & 6357 3330 / 331

VIDEO GAMES ARCADE Daily: 1.00pm - 9.00pm

SPORTS & RECREATION COUNTER 6357 3566 / 567

Daily: 7.00am – 10.00pm

THE GYM 6357 3566 / 567

Daily: 6.00am to 10.00pm

TENNIS COURTS 6357 3566 / 567

Daily: 7.00am to 10.00pm

SWIMMING & WADING POOLS 6357 3566 / 567

Daily: 7.00am - 9.00pm

TOWEL COUNTER 6357 3487

(Mezzanine Level)

Daily: 7.00am to 10.30pm (Last towel draw at 10.00pm)

STEAM & SAUNA 6357 3487

(Male & Female Changing Rooms)

Daily: 7.00am - 10.00pm

All prices are inclusive of GST, unless otherwise stated. All promotional images used are for illustration only. Pre-registration for classes and activities is a must. Classes will commence only if the minimum number of participants have been met. Cancellation or no show past the closing date of registration will be charged full fees. All information in this magazine is accurate at the time of publish.

1 Plymouth Avenue Singapore 297753 Tel: 6323 2323 • Fax: 6337 6116 www.rafflestownclub.com.sg

Vol. 106 ROC199605086N

Our Message

Dear Valued Members,

The Club will be bustling with activities and promotions in the month of May and June. Read on and find out what is coming up soon!

Make mum feel extra special on Mother's Day with a feast fit for a queen at your preferred dining outlet! Our culinary team has also ensured that dad will also get to enjoy a special dining experience with delectable menus on Father's Day at the Signature outlets. Reserve your seats and thank mum and dad for their unconditional love on these special occasions.

On 22 & 23 June 2024, there will be a line-up of activities and a wide selection of food choices so that our members and their loved ones get to spend happy times together. Signature outlets will be presenting exclusive menus, while hawkers stalls are specially set up at The Dunearn Ballroom to sell mouthwatering dishes. We also have gathered our partners to set up bazaar stalls at The Dunearn Ballroom for our members and guests to shop a variety of products at one venue.

The Dining Room unveiled its new à la carte lunch menu. Be captivated by the flavours of the new creations, especially Chef's Recommendations like Pan-seared Prime Beef Steak and Oven-roasted Black Pepper Pork Chop!

Get energised with delicious promotional deals at our Signature outlets. Savour the deep flavours of meticulously cooked Cantonese cuisine through The Chinese Restaurant's Chef's Specials. At Miyabi Japanese Restaurant, you can "Create your own meal" in May. And get to cook your own A5 grade Wagyu Beef in June. If you prefer a quick meal, check out The Café & Terrace's Chef's Special. At the same time, The Dining Room is offering an Italian Special to satisfy your craving of simple and fresh taste of Italian cuisine.

Book a family-friendly staycation package with The Front Office for a mid-year break and watch your little ones let out squeals of delight during their play time at the pool. And the good news is that dining voucher is included in the package!

Not sure if you should sign up for yoga or pilates class? We have done a comparison, looking at the similarities and differences between the two, for your consideration before you sign up for the classes. If you still cannot decide, contact The Sports and Recreation Department to register for both classes and experience it yourself!

We are also sharing some tips and ideas to show appreciation for your mum and dad through meaningful activities that your mum, dad and even yourself will love. Start planning with our list today!

We hope that you and your loved ones will be spending loads of bright and happy times at the Club with the activities and food selection in May and June. We look forward to seeing you at the Club!



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Looking for ways to pamper mum on Mother's Day? Celebrating Mother's Day with a good meal is a must-do on the checklist. Our specially curated menus at the dining venues are fit for a queen. Reserve your seats today and make mum feel extra special!





Tel: 6357 3337

Mother's Day Special Available on 11 & 12 May 2024.

Menu

Chicken Potato Soup Whole Citrus Black Sea Bass with Sautéed Vegetable

\$55 w/GST for 2 persons (includes 2 glasses of wine)



The Café & Terrace

Tel: 6357 3332 / 333

Mother's Day Lunch Set Available on 12 May 2024.

\$32 w/GST (serves 2 persons)



母亲节套餐 Mother's Day Set Available from 7 to 12 May 2024.

Menu

雪耳云吞炖鸡汤 Double-boiled Snow Fungus Chicken Soup with Dumpling

鼓油皇煎生虾 Pan-fried Live King Prawn with Soya Sauce

咸肉味菜煮黄鱼 Steamed Yellow Croaker with Meat and Salted Vegetable

贵妃鸡(半只) Poached Chicken with Spicy Sauce (Half)

三色蛋时蔬 Seasonal Vegetable with Trio Egg

家味扣肉柳叶包 Traditional Braised Meat with Bun

潮式银果芋泥 Teochew Yam Paste with Gingko Nut

















Mother's Day Set

Available from 9 to 12 May 2024.

Menu

Steamed:

Canadian Scallop, Bamboo Pith, Crab Meat, Morel Mushroom in Egg Flan

Baked:

Atlantic Cod Fish with Green Bean and Chicken Broth, Sun-dried Tomato in Olive Oil

Claypot:

Lobster, Seasonal Vegetables with Citrus Soya Milk Collagen Soup

Pan-seared:

Spanish Iberico Pork Secerto, Green Asparagus, Zucchini with Caramelised Onion Soubise Puree

Dessert:

Chilled Osmanthus with Coconut Jelly and Wolfberry

The meal is served with steamed rice, miso soup and pickles.











Taste of hile

Chilean cuisine is considered European in nature with heavy influences from Spain and France. Our culinary team at The Dining Room has meticulously designed a Chilean themed menu, with healthy ingredients like grains and vegetables, as well as meat for a balanced meal. And flavours elevated with the world-class wines made in Chile.

Chilean Wine Pairing Dinner

Date: Friday, 31 May 2024

Time: Commence at 7:00pm sharp

Venue: The Dining Room

Price: \$108 w/GST per person

Complimentary one bottle of wine for every diner. Please drink responsibly.

Wine Reception

Assorted Canapés, Butler Style Marques de Casa Concha Chardonnay 2021

AND CONCHO

Menu

Appetiser

Rollo de Pato Duck Roulade stuffed with Mozzarella Cheese, Spice, Microgreens Salad, Spicy Salsa Marques de Casa Concha Pinot Noir 2021 Marques de Casa Concha Carmenere 2021

Soup

Caldo de Pollo Chicken Broth, Squash, Corn, Potato

Main Course

Guisado de Carne Chilean Beef Stew, Braised Tomato, Kidney Bean, Chickpea, Pico de Gallo Marques de Casa Concha Cabernet Sauvignon 2021 Marques de Casa Concha Etiqueta Negra 2018

Dessert

Broza de Reina Swiss Roll, Mixed Berries, Maple Syrup, Vanilla Ice Cream

Coffee & Tea





This Father's Day, treat the very important man in your life to a special dining experience. Honour Dad's unconditional love with time-limited delectable menus at the Signature outlets. Time to tuck into Dad's well-deserved hearty feast and tickle his tastebuds!



Tel: 6357 3332 / 333



Tel: 6357 3337



Father's Day Platter

Available on 16 June 2024, from 11:00am to 9:00pm.

\$32 w/GST (serves 2 persons)



Father's Day Special

Available on 15 & 16 June 2024.

MENU

Dutch Tomato Soup with Sea Scallop

Steak and Mushroom Ale Pie

\$38 w/GST (includes a glass of wine)

A Hearty Feast for

父亲节套餐

Father's Day Set Menu

Available from 11 to 16 June 2024.



香煎鹅肝熏鸭佐苹果醋 Pan-fried Sliced Foie Gras and Smoked Duck with Apple Vinegar

红烧烩肉鲍翅 Braised Superior Shark's Fin Soup with Crab Meat

蒜香金菇粉丝蒸海鲈鱼 Steamed Sea Bass with Fried Garlic, Golden Mushroom and Glass Noodle 杏片金沙肉排 Deep-fried Pork Chop

潮式海鲜长寿面线 Teochew style Seafood

coated with Salted Egg and Almond Flake



Walnut with Rice Dumpling

Tel: 6357 3338 / 339

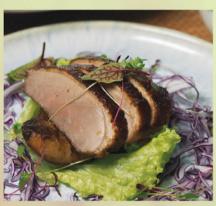
生磨核桃露汤丸

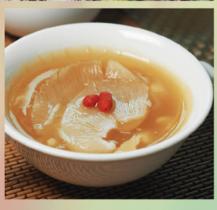
Handmade Cream of

THE CHINESE

Longevity Noodle

\$88 w/GST per person (Minimum 2 persons)















A Hearty Feast for Qo

Father's Day Set

Available from 13 to 16 June 2024.

MENU

Grilled Oyster, Sea Urchin Gratin, Parmesan Cheese, Bread Crumbs

Steamed Atlantic Sea Perch, Wood Ear Mushroom, Edamame, Ginger, Sakura Ebi, Yuzu Miso, Banana Leaf

Baked Lobster Kimiyaki, Perilla, Arare, Caviar, Pickles Kiku Radish Beef Cheek with Braised Black Truffle Mashed Potato, Green Bean with Demi-glace Red Wine Jus

Chocolate Hazelnut Crust Cake, Vanilla Ice Cream, Mixed Berries

The meal is served with steamed rice, miso soup and pickles

推 M I Y A B I JAPANESE RESTAURANT

Tel: 6357 3335

\$58.80 w/GST



oine, * play & Win!

Saturday & Sunday, 22 & 23 June 2024

Come to the Club with your loved ones and spend happy times together filled with sunshine of our sunny island! Our chefs at the Signature outlets have curated exclusive menus for this special weekend. On top of these, our team has set up hawker stalls alongside our invited partners' bazaar stalls and lined up exciting activities at The Dunearn Ballroom!







Receive 1 Lucky Draw and

1 Spin & Win coupon with every \$30 spent at the participating F&B outlets from 10 May to 23 June 2024.

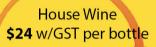
Venue: The Dunearn Ballroom

11 & 111

Time: Lucky Draw - 3:00pm

Spin & Win - 12:00pm to 6:00pm (While stocks last)

T&Cs apply.



Available at all dining outlets.
While stock lasts.



(Tel: 6357 3334) Afternoon Tea Set

\$24 w/GST serves 2 persons

Available from 12:00pm to

5:30pm.





Miyabi Japanese Restaurant (Tel: 6357 3335)

(Tel: 6357-3335)

Teppanyaki Set | **\$24** w/GST Gindara Kimchi Teri & Mixed Tempura Set | **\$24** w/GST

*A la carte menu not available.



The Café & Terrace (Tel: 6357 3332 / 333)

Streets of Singapore Lunch Buffet \$58 w/GST for 2 persons \$38 w/GST for 1 person

*A la carte menu not available.



The Chinese Restaurant

(Tel: 6357 3338 / 339)

Mala Pork Trotter 麻辣圆蹄

\$28.80 w/GST



The Dining Room

(Tel: 6357 3337)

3-course Set | \$24 w/GST

*A la carte menu not available.



Happenings at The Dunearn Ballroom



Cooking Demonstration

Our friendly Chefs will be conducting complimentary cooking demonstrations. Don't miss it!

Venue: The Dunearn Ballroom I
Time: Saturday at 2:00pm & 4:00pm
Sunday at 2:00pm & 4:00pm

Register now! Limited seats available!



Scan me to register OR WhatsApp 8136 4936

Hawker Stalls

We have gathered our culinary team at The Dunearn Ballroom I, to prepare mouthwatering dishes from various cuisines, such as Chicken Shawarma, Pork Bulgogi and Cold White Fungus with Papaya.

Venue: The Dunearn Ballroom I Time: 12:00pm to 6:00pm

The Bowling Alley & Video Games

(Tel: 6357 330 / 331)

Have some family fun with the young ones (or young at heart) with some friendly competition at the Video Games Arcade or The Bowling Alley!

Venue: The Bowling Alley & Video Games Room Time: 11:00am to 10:00pm



Summer Bazaar

Visit our bazaar vendors and discover the huge variety of merchandise on sale!

Venue: The Dunearn Ballroom

11 & 111

Time: 12:00pm to 6:00pm

Children Movie Marathon

Join us for a complimentary movie screening! Fun awaits with endless laughter and beloved characters.

Venue: The Dunearn Ballroom

Foyer

Time: 12:00pm to 6:00pm

Bouncy Castle

Let the little ones bounce to their heart's content, with complimentary access to the Bouncy Castle.

Venue: The Dunearn Ballroom

Foyer

Time: 12:00pm to 6:00pm



Paint-a-Bear

Unleash your creativity and paint a uniquely yours bear at \$2 each!

Venue: The Dunearn Ballroom

11 & 111

Time: 12:00pm to 6:00pm

Floats at the Pool

Complimentary use of inflatable pool floats is made available at the swimming pool. Cool off the heat by hopping onto one and drift away!

Venue: Swimming Pool Time: 10:00am to 6:30pm





Unlock Success Corporate Event Package



Experience sophistication and excellence with our corporate event package. Elevate your networking opportunities with exquisite Chinese cuisine, complemented by refined atmosphere and impeccable service. Speak to our Event Specialist today and unlock the power of professional collaboration.

7-course Chinese Set Menu

\$788⁺⁺ per table of 10 persons

Menu

Appetiser

龙虾什果沙拉 Lobster Salad Platter

Soup

竹笙药材香菇鸡汤 Double-boiled Chicken Soup with Bamboo Pith and Mushroom

Or

海鲜蟹肉豆腐羹 Seafood Tofu Thick Soup with Crab Meat

Fish

港式清蒸金目鲈 Steamed Seabass with Superior Soya Sauce

Vegetable

罗汉斋 Buddha's Delight

Starch

扣肉包 Braised Pork Bun

Dessert

红豆沙窝饼 Deep-fried Pancake with Red Bean Paste

莲子红枣龙眼炖

雪耳甜汤

Double-boiled White Fungus Sweet Soup with Red Dates, Logan and

Lotus Seed

Poultry

法砵鸡粒

Deep-fried Yam Ring with Diced Chicken

The promotion is valid for event held before 31st Dec 2024. Minimum booking of 5 tables is required. Price is subject to 10% service charge and prevailing government tax. Terms & conditions apply.





乐在其粽 Revel in the **Bundles of Joy**

Celebrate the Dragon Boat Festival with handcrafted parcels of glutinous rice. Take your pick from our selection, from timeless flavours to new creations. Bring home the flavourful bundles of joy to your loved ones and enjoy the treat together!







福建麻油鸡粽

Hokkien style Sesame Oil Chicken Rice Dumpling

\$13.80 w/GST

This year, the culinary team introduces a new flavour with a twist. Take a bite into the irresistible Hokkien style Sesame Oil Rice Dumpling and taste the smooth texture of succulent chicken meat along with the alluring aroma of the sesame oil.

港式裹蒸粽

Hong Kong style Rice Dumpling

\$26.80 w/GST

The classic Hong Kong style rice dumpling is wrapped in lotus leaf and packed with premium ingredients like roasted pork, roasted duck and conpoy. Delight the palates of traditionalists with the luxurious and well-balanced taste of this rectangular parcel.

传统娘惹粽

Traditional Nyonya Rice Dumpling

\$9.80 w/GST

If you like having food with the rich flavours of savoury meat with a hint of sweetness, the traditional Nyonya Rice Dumpling is not to be missed! This perennial favourite bears the essential fragrance of spice, pandan leaves and bamboo leaves that lingers.







Launch of the New 💒

À La Carte and Set Menus

The Chinese Restaurant introduces a new à la carte and set menus, offering timeless flavours of traditional Cantonese cuisine with a modern touch. The exquisite dishes are curated and plated just for your palate. Get ready to be charmed by Chef Ben's Tasting Menu which includes Signature dishes like Chef's Specialty Duo, as well as Braised Abalone with Goose Web in Brown Sauce.



- 1. Chef's Specialty Duo
- 2. Braised 3-head African Abalone with Goose Web in Brown Sauce
- 3. Hong Kong style sliced Beijing Duck
- 4. Double-boiled Superior Shark's Fin and Fish Maw in Shark's Cartilage Soup
- 5. Deep-fried Prawn with Mango Pomelo Mayonnaise
- 6. Osmanthus Egg with Shark's Fin and Crab Stick



MAY CHEF'S SPECIAL



Deep-fried Spring Chicken with Crispy Garlic 蒜香童子鸡 **\$18.80** w/GST



Kong Bak Bao 家味扣肉柳叶包 **\$16.80** w/GST

JUNE CHEF'S SPECIAL



Baked Sea Perch with Truffle and Wild Mushroom 松露野菌焗鲈鱼 **\$18.80** w/GST (serves 1 person)



Traditional Stewed Beef Brisket, Beef Tripe and Beef Tendon with White Radish 传统萝卜牛腩煲 \$23.80 w/GST





ITALIAN SPECIAL



The promotion includes:

Zuppa di Fagioli Bianchi White Bean Soup with Bacon and Cheese

Manzo al Fungo Portobello Crispy Panko Crusted Beef stuffed in Portobello Mushroom with Pomodoro Sauce

\$35 w/GST

CAKE OF THE MONTH



May
Matcha Chocolate Cake | \$42 w/GST



June
Berries Yoghurt Crumble Cake | \$42 w/GST



CREATE YOUR OWN MEAL



\$38.80 w/GST This meal is served with steamed rice, miso soup & pickles. Available in May.

The promotion includes:

Appetiser (*Please select 1 item*) Assorted Sashimi (Kanpachi, Mekajiki, Aka Ebi, Hokkaido Scallop)

Sliced Salmon Sashimi, Soft-boiled Egg, Kyushu Black Truffle Sauce

Suwai Snow Crab, Ikura Chawanmushi with Silver Sauce Japanese Fruit Tomato, Aka Seaweed, Avocado, Mixed salad

Grilled (Please select 1 item)

Gindara Kimchi Teriyaki

Large Prawn topped with Cod Roe Aioli

Jidori Chicken marinated with Korean Spicy Gochujang Miso, Spinach, Garlic

Scallop wrapped in Streaky Bacon, Avocado with Tobiko Mayo Kushiyaki

Agemono (Please select 1 item)

Soft-shell Crab with Chilli Crab Sauce & Cheese, Toasted Bread Mixed Tempura Tobiko Mayo

Almond Breadcrumb Chicken Karaage Honey Plum Sauce Tofu Tosa Age

Main (Please select 1 item)

Teppan Tenderloin, Assorted Mushrooms, Yakiniku Sauce

Teppan Spanish Iberico Secreto Pork, Onion Ring with Japanese Citrus Pepper Dip

Salmon Shabu Shabu

Unagi Yanagawa

Dessert of the Day

KAGOSHIMA A5 WAGYU BEEF PROMOTION

The promotion includes:

Raw

Kanpachi, Salmon Carpaccio with Wasabi Citrus Sauce

Baker

Canadian Oyster, Baby Spinach, Bacon, Parmesan Cheese, Bread Crumbs Gratin

Tempura

Prawn with Scallop, Avocado, Kakiage

Hot Plate (Do-It-Yourself)

Wagyu Beef Slices (A5 Grade), Japanese Rice Ball, Seaweed, Homemade Special Sauce, Miso Soup, Pickles

Dessert of the Day

\$48.80 w/GST

Available in June.



Closed on Wednesday (Excluding Eve of PH & PH). For enquiries, please call Miyabi Japanese Restaurant at 6357 3335.



MAY CHEF'S SPECIAL



Prawn Noodle Soup **\$10.80** w/GST

Includes a cup of coffee or tea.

Available from 11:00am to 9:00pm, Monday to Friday in May, excluding PH.

JUNE CHEF'S SPECIAL

Pan-fried Salmon with Cream Sauce **\$15.80** w/GST

Includes a cup of coffee or tea.

Available from 11:00am to 9:00pm, Monday to Friday in June, excluding PH.





COCKTAIL PROMOTION



3 Cocktails for **\$24** w/GST

Select 3 cocktails from:

• Screwdriver • Singapore Sling • Pina Colada • Blue Heaven • Fountain Cooler • Lychee Martini

Car Grooming @ RTC

Basement 3, 11am - 7pm. Closed on alternate Wednesdays

By appointment only. For more information and appointment, please call **Anthony** at **6357 3479** or **9479 3668**.



Carnauba

\$228

Sealant

\$258

- Sealant coating
- Car wash and clean
- · Standard polishing and waxing
- · Hi-gloss application
- · Dashboard protection
- Interior vacuum (including engine bay and boot)
- · Cleaning of door panels and edges
- All windows clean, rims clean and tyres shine

15%FF
* T&Cs apply.

Sio2

\$438

Sio2 ceramic coating

Nano Graphene

\$538

- Nano Graphene coating
- Full exterior nano shampoo car wash
- Clay bar treatment to remove embedded contaminants
- A hand polishing process to work on minor swirls and scratches
- IPA process to strip off any residue on the paint surface
- · Head lights and rear lights coating
- · All windows coating
- Cleaning of door panels, edges and coating
- · All rims coating
- All tyres are treated and coated

Leather Protection

ADD ON \$90

Seat cleaning, anti-bacterial and fungi and leather moisturised, 4 doors conditioning and cockpit conditioning. Additional \$120 for 7 Seaters

Terms & Conditions

- · Valid for May and June 2024.
- Not valid with other discount, voucher, package or promotion and cannot be exchanged for cash.
- Valid for one-time use only. Your membership card and identification card must be presented prior to servicing to enjoy the privileges.
- An additional charge of \$20 applies for vehicles above 1500cc, \$30 for vehicle above 1800cc including Luxury Sedans, MPVs, SUVs and Jeeps and \$50 for vehicles above 2500cc.
- Services not listed in the packages will incur additional cost.
- One Stop Car Beauty Centre (OSCBC) reserves the right to amend and / or retract the promotion without prior notice.
- In the case of dispute, OSCBC's decision will be final.
- RTC is not liable for any product, service or transaction between its member and OSCBC.

PAY YOUR SUBSCRIPTION ONLINE

The Club has various online payment methods which allow members to conveniently make contactless payment. Options of online payment are listed in the table below. Please remember to indicate your membership number and name when making an online payment.



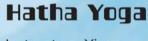
METHOD	DETAILS
PAY NOW	Please key in RTC Registration Number: 199605086N
AXS	1) Please visit www.axs.com.sg 2) Go to Pay Bills 3) Go to Memberships 4) Go to Raffles Town Club
INTERNET BANKING	For Standard Chartered Bank, please visit: www.standardchartered.com.sg For United Overseas Bank (UOB), please visit: www.uob.com.sg
BANK TRANSFER	Please provide the following details. Account Name: Raffles Town Club Pte Ltd Bank Name: UOB Account No: 922 343 1689 Bank Code: 7375 Swift Code: UOVBSGSG Branch Code: 001







Discover the transformative essence of Hatha yoga classes, focusing on a blend of physical postures, breathing techniques and meditation. You will benefit from increased flexibility, strength and a calmer mind. Our inclusive classes offer a supportive environment for personal growth as guidance will be provided according to individual's learning needs.



Instructor: Yinuo

Time: Friday, 7:00pm to 8:00pm

Fees: 10 sessions

Member | **\$218.00** w/GST Guest | **\$239.80** w/GST

Venue: Aerobics Room

This class requires a minimum number of participants to commence.







A Delightful Staycation

Raffles Town Club has terrific family-friendly staycation packages for the mid-year break. The impressive neoclassical structure houses broad range of facilities. The little ones will let out squeals of delight during their play time at the pool, while the varied cuisines available at the dining venues are sure to satisfy everyone's appetite!



Studio Room
Straits Suite
Lavender Spa Suite
Sandalwood Spa Suite
Jasmine Spa Suite

3D2N Rates

\$350 ++

\$470 ++

\$530 ++

\$530 ++

\$570 ++

Package Includes:

- Breakfast at The Café & Terrace for two persons
- \$20 dining voucher for booking of Studio Room, \$30 dining voucher for booking of Straits Suite or \$40 dining voucher for booking of Spa Suite
- Raffles Town Club Signature
 Welcome Drink for two persons
- Complimentary parking for room guests
- Complimentary WIFI access

The promotion is valid for booking made for 1 May to 30 June 2024. Rooms are subject to availability upon booking. Advance reservation is required at dining outlets, subject to availability. Dining vouchers are valid for use during stay only. No refund of unused dining vouchers. Terms & conditions apply.

Prices are subject to 10% service charge and prevailing government tax.









Love is Sweet

Diners and their Valentine dressed up to the nines for their Valentine's Day dinner at The Dining Room. They celebrated their love with food and savoured the specially curated 4-course set meal filled with the sweetness of love and romantic vibes!





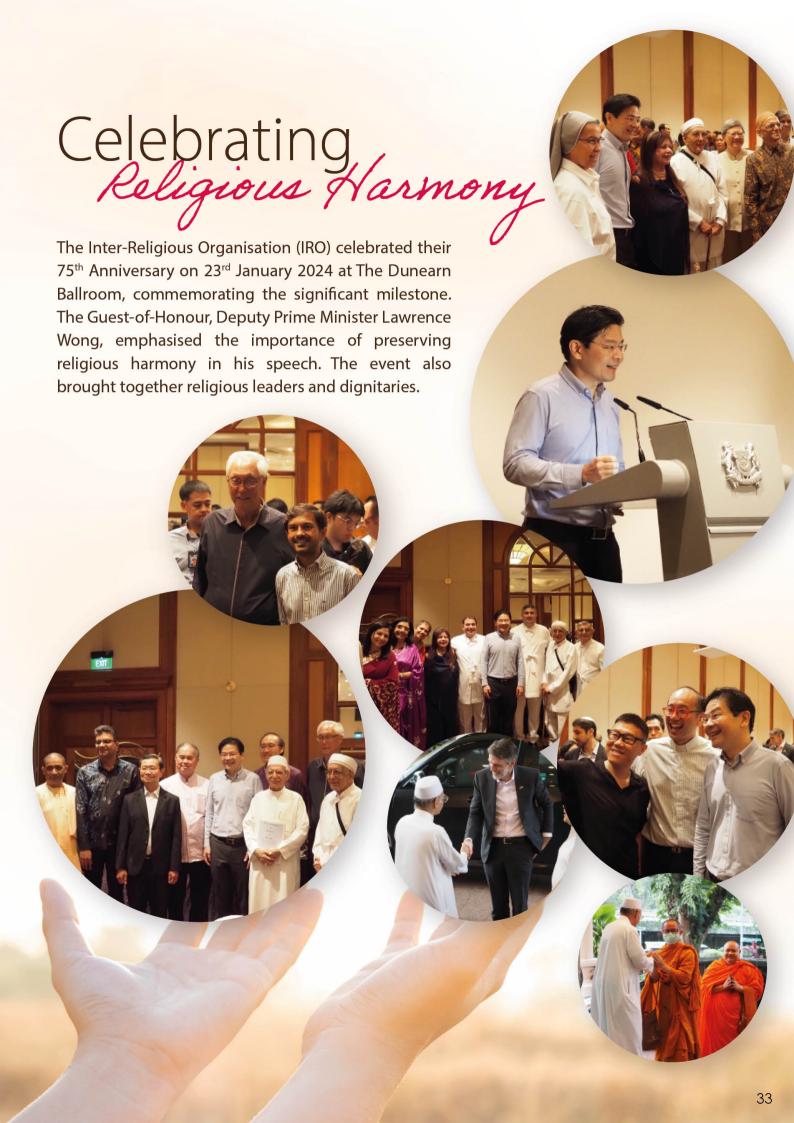












THANK OUT for your compliments

The club would like to thank our members for giving us the wonderful opportunity to serve you. It is our desire to keep you satisfied with our services and none of our achievements would have been possible without you and your unwavering support.



Cher Shin is a fantastic young man. He is hard working, polite, helpful and kind.

- Ms Berrick



I wanted to extend my heartfelt appreciation for providing us with a nice and comfortable venue. The ambience was perfect, and everyone thoroughly enjoyed the delicious food. Your staff members were not only accommodating but also exceptionally kind.

We are already looking forward to the next opportunity to hold events at your venue. The positive experience has left a lasting impression, and we appreciate the level of service you consistently deliver.

- Ms Lee

Front Office

Excellent accommodation. Staff members are excellent. Thank you!

- Ms Lynette

We had a wonderful stay at your property. Housekeeping staff are very accommodating. Restaurant staff are very attentive. Also, I would like to thank Front Office staff for their never-say-no attitude and friendly smile. Thank you for having us at your property. Hope to see you again.

- Mr Seet



My husband and I went up to the third floor sofa area after lunch at The Dining Room. We realised that his phone was missing after we returned home. I called The Dining Room and was told that no phone was left at The Dining Room. But luckily, the staff was kind enough to go up to third floor sofa to search. He found the phone and called me immediately. We are so grateful for his kind help and for taking the extra effort to search for the phone.

- Mdm Goh

Ady at The Dining Room was a great host. He was attentive to our needs and made our dining experience an exceptional one. All staff members provided great service. The food was excellent. We had a wonderful dinner.

- Mr Siow



Excellent customer service. Fizah is super friendly and always has a smile on her face. Supportive and helpful. Best staff in Raffles Town Club.

- Mr Terry

Preparations were well done and we had fun at our team building event.

- Dr Chia



@ RAFFLES TOWN CLUB

Exploring Beyond the Classroom: Learning through Adventures

At MindChamps PreSchool @ Raffles Town Club, our commitment to holistic education goes beyond the classroom. Check out how we celebrated our N1 to K2 Champions, tailoring their learning journeys to ignite curiosity and foster growth!

N1: Empowering Confidence



Our N1 Champs conquered obstacle courses and embraced a Champion Mindset of "I Can Do It!". From overcoming hurdles, to instilling self-belief and confidence, this adventure set the foundation for a journey filled with courage and determination.

N2: Spreading **Kindness**



Our N2 journeyed to NTUC FairPrice Supermarket, armed with shopping lists to donate to the Willing Hearts Orphanage. They searched for the various items on their lists and scanned the items themselves at the selfcheckout. Through these small acts, they learnt the value of empathy and community spirit, shaping future compassionate Champions.

K1: Culinary Exploration



Champs from K1H indulged in culinary delights as they toured All Things Delicious Café, where they excitedly ordered their own treats independently. Meanwhile, our K1P class explored the realms of healthy eating, scouting for nutritious options with the Healthier Choice logo for their Gourmet Steamboat feast.

K2: Literary Adventure



Our K2 Champs embarked on a journey of discovery as they explored the wonders of the library, expanded their literary horizons and learnt essential library etiquette. The K2 Champs designed and distributed bookmarks on library manners, embodying two of the 10 MindChampion Attributes of "I am Confident" and "I am Creative".

We'd love to hear vour review!



Celebrate these remarkable achievements with us and embark on educational adventures that inspire confidence, kindness, and a love for learning.

MindChamps PreSchool @ Raffles Town Club #03-00









-Mum & Dad Will Love

Mother and Father's Day are just around the corner. Show appreciation for your mum and dad with fun and meaningful activities that you will surely love, too. Check out our list of activity options and start planning now!

Little Tips Before We Start:

- Do what mum and dad love. Choosing activities that interest them or are their hobbies to show them the day is all about them.
- The gift of quality time. The main goal of the activities is to spend quality time with mum and dad. It can be as easy as helping them with something on their to-do list at home or taking a leisurely stroll.

Indulge in a feast

If mum and dad are always making the meals for everyone, treat them a meal that they will love. You can have the whole family join the fun by recreating dishes that they adore together. If you want to save the hassle, make a reservation at mum and dad's favourite restaurant. If mum and dad are adventurous, consider find a new location you think mum and dad would enjoy. Don't miss out the amazing Mother and Father's Day specials created by our team of culinary chefs at our Signature restaurants. Check P5 and P9 for details and make booking today.

Enjoy a staycation

No one says we have to limit the celebration to a day! Make it a weekend celebration with a staycation in town. Enjoy a sense of peace in a cosy hotel room and relax by the poolside – Mother and Father's Day with a bliss!

If you are looking for a staycation for the family, don't look further. Raffles Town Club staycation package offers the convenience of relaxation and dining all together. Take a look at P27 for all the perks we have prepared for your family.





Volunteer together

Volunteering together not only creates a good cause but also builds a special bond for the family. Pick something that is close to both of your hearts, such as preparing care packs for organisations in need or help soup kitchen to distribute meals to the elderly and disabled. You may even make it a yearly tradition!

Book a photo shoot

Mother and Father's Day is the perfect occasion to plan an unforgettable mother/father-child photo shoot or one with the whole family. To make mum and dad feel like a star, plan a glam photo shoot with hair and make-up done at a professional studio. Or plan an impromptu fun photo shoot at self-photo studio. Either way, the memories created will be cherished for years to come.

Share old memories

Looking through old photos and videos from family vacation, birthday parties, festive holidays and more is one sentimental way to share family memories. Add in a bit of fun by adding in mum and dad's photo before becoming a mum and dad (don't forget they were once a baby, toddler and teenager too.) and take a trip together down the memory lane.

Tackle the to-do list

While we think most of the mums and dads want to stay away from their household responsibilities on Mother and Father's Day, some may want nothing but a helping hand. If there are some tasks that mum and dad have been putting off, such as cleaning the coffee machine, fixing the cabinet hinge or declutter the store room. Use the day as an opportunity to help mum and dad cross it off the to-do list.

Conduct an interview

Arrange a one-hour interview with mum and dad and learn all sorts of new things about them. There are endless questions you can ask them, from their childhood, what they remember about their parents, first job and wedding day to best advise they ever got and what's their most treasured possession.

Write a thank you letter

Mum and dad have been a powerful influence on us and shaped us for who we are today. A handwritten card to express your appreciation for their dedication and for all the wonderful gifts of wisdom mum and dad have given you over the years. Everyone will probably end up in happy tears.









The Ultimate School After School

by

Mind**Champs**®



Action-Packed Holiday Programme!

In the blink of an eye, the month-long holidays whizzed by, packed with exhilaration and learning. Our Champs from MindSpace @ Raffles Town Club made the most of their break with soccer training camp, cookery, calligraphy writing, nature exploration, and art jamming!

Our Champs ventured into nature at Rifle Range Nature Reserve, uncovering wetland wonders and encountering vibrant birdlife. It was an educational adventure through lush terrains that left a lasting impact.

Guided by their teacher, our Champs unleashed their creativity, dabbling in shapes, colours and blending techniques. Gardens by the Bay turned into an artistic haven, igniting their imagination and setting the stage for their next masterpieces.

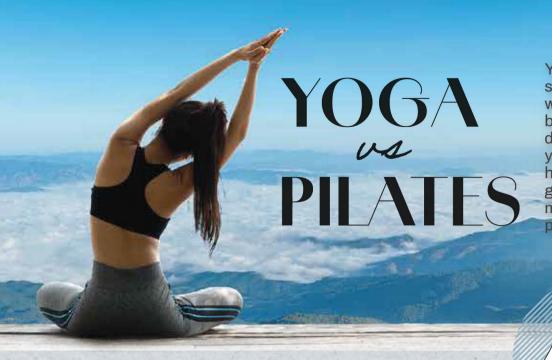
Don't miss out on the chance to be a part of our next holiday programme.



Enrol your child now and watch them thrive at MindSpace @ Raffles Town Club (Stevens Road).







Yoga and pilates are often seen as verv similar workouts similar with How benefits. do vou decide which to include in your exercise routine to help achieve your fitness goal? Let us understand more about voga pilates before you decide.

What is Yoga?

Originated from ancient India and developed into present day's yoga that blends physical poses with breathing techniques. There are many variations of yoga with some more physically demanding while others are more meditative.

What is Pilates?

Pilates was developed by Joseph Pilates during World War I as rehabilitation for wounded soldiers. Later dancers practise pilates for injury prevention. Usually, beginners start from pilates mat classes before proceeding to classes with reformer.

Similarities

Here are some of the similarities between of yoga and pilates:

- Both are low impact workouts with emphasise on deep breathing.
- Both can be done using your own bodyweight as resistance and requires only a mat and a few props.
- Both focus on proper breathing during exercise or breathing deep into the belly.
- Both require mental focus.

- Both aim to increase strength and endurance without building bulk.
- Both emphasise on the importance of getting into proper pose; however, both allow modification of pose to tailor to different fitness
- Both are suitable for all ages.

Differences

Below are some of the differences between yoga and pilates:

Yoga

- Starts with a pose, hold the pose and then flow into the next pose, using body weight as resistance with focused breathing.
- Generally, yoga gives your body a balanced full-body workout with more standing posture. Increases strength, improves flexibility and balance.
- Breathing techniques that promote relaxation and improve mental well-being.

Pilates

- Adopts a pose and then uses small controlled movement of arms or legs to challenge your core with intentional breathing.
- Focus on strengthening and stabilising the core and tones muscle.
- Breathing techniques used for energy.
- When combined with physiotherapy, exercises tailored to specific condition help with injuries rehabilitation.

Which one is for you?

It is no surprise that yoga and pilates are long time favourites as they bring mind and body benefits. If you would like to focus on improving flexibility, seeks relaxation as well as better mind-body connection, yoga may be a more suitable choice. On the other hand, if you would like to focus on building core strength and stability while improving overall fitness, pilates may be your choice.

Still cannot decide? Sign up for both yoga and pilates classes and experience them in person!

For enquiries and registration of classes, please call the Sports and Recreation **Department** at 6357 3566 / 357 or email snr@rtc.com.sg.